

# OBEESITY SYMPOSIUM

A MULTIDISCIPLINARY ANALYSIS OF ITS METABOLIC HEALTH IMPACT



LAS PALMAS DEL SOL HEALTHCARE

FRIDAY, NOVEMBER 16, 2018

EL PASO MARRIOTT  
1600 AIRWAY BLVD.  
EL PASO, TEXAS

## Overall Purpose

The program is designed to provide physicians and healthcare providers with updates on a broad spectrum of health care issues.

### Program Location

The conference will be held at the Marriott El Paso Airport, 1600 Airway Blvd. El Paso, Texas 79925. Dress is business casual. All functions are nonsmoking. Please set your cell phone to silent or vibrate.

### Target Audience

Physicians of all specialties, registered nurses, advanced practice professionals, allied health professionals, residents, students and other health care providers.

### Conference Design and Educational Methods

Lecture, interactive discussion, audiovisual and question and answer session.

### Symposium Guidelines

The conference planning committee reserves the right to cancel this activity or substitute faculty in the event of unforeseen or extenuating circumstances. Faculty conflict of interest statements are on file with the CME Office at Del Sol Medical Center and will be provided at the conference. Attendance will be verified through sign-in rosters.

If you require any special assistance to fully participate in this conference, please call the CME Office at Del Sol Medical Center at least 48 hours prior to the conference at 915.263.5221.

A light jacket or sweater is recommended as the conference room temperature is difficult to regulate.

### Accreditation Statements

#### Physician:

Las Palmas Del Sol Healthcare is accredited by the Texas Medical Association to provide continuing medical education for physicians.

Las Palmas Del Sol Healthcare designates this live activity for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nursing:

Las Palmas Del Sol Healthcare is an approved provider of continuing nursing education by the Texas Nurses Association Approver, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.

Las Palmas Del Sol Healthcare will award up to 8.0 contact hours for completion of this educational activity.

For successful completion, the participant must:  
Sign in on the registration roster  
Attend the entire activity  
Submit a completed evaluation form

## Faculty

Ines Sanchez-Rivera, M.D., FACP  
Hematologic Oncology  
El Paso, Texas

Aime Serna, M.D., MPH  
Internal Medicine  
El Paso, Texas

Erasto Cortés, M.D.  
Pulmonary, Critical Care and Sleep Medicine  
El Paso, Texas

Jose Ignacio Mendez, M.D.  
Cardiovascular Disease  
El Paso, Texas

Sergio Rovner, M.D.  
Endocrinology and Metabolic Disease  
El Paso, Texas

Andrew Palafox, M.D.  
Orthopaedic Surgery  
El Paso, Texas

Luis Acosta, M.D.  
Gastroenterology  
San Angelo, Texas

Jorge Acosta, M.D., FACS  
Bariatric Surgery  
El Paso, Texas

## Planning Committee

Jorge Acosta, M.D., FACS, Chairman, Obesity Symposium  
Medical Director, Las Palmas Del Sol Bariatric Clinic

Michael Lara, M.D., FACS  
Medical Director, Las Palmas Del Sol Bariatric Clinic

Manuel Feliberti, M.D., Chief Medical Officer  
Del Sol Medical Center, Las Palmas Del Sol Healthcare

Elizabeth Andreadakis, DNP, APRN, FNP-C  
Las Palmas Del Sol Bariatric Clinic

Gesuna Setzu, Coordinator Bariatric Outreach  
Del Sol Medical Center, Las Palmas Del Sol Healthcare

Sherry Quintanilla, MBA, MSN, RN, CNML  
Director, Training & Development,  
Del Sol Medical Center, Las Palmas Del Sol Healthcare

Emiliana Leyva, BSN, RN  
Educator, Training & Development, Las Palmas Del Sol Healthcare  
Virginia Mapp, CME Coordinator, Las Palmas Del Sol Healthcare

## Obesity Symposium: A Multidisciplinary Analysis of Its Metabolic Health Impact

Friday, November 16, 2018

7:30 to 7:50 a.m. — Registration

7:50 to 8:00 a.m. — Welcome — David Shimp, CEO Del Sol Medical Center  
Housekeeping Announcements — Jorge Acosta, M.D., Chairman

8:00 to 9:00 a.m. — “Oncologic Perspectives in the Obese Population” —  
Ines Sanchez — Rivera M.D., FACP

- Identify the clinical evidence of the obesity link to cancer incidence and outcomes.
- Recognize treatment modalities and interventions in the obese population with cancer.
- Develop an optimal strategy in the treatment of obese patients with cancer risks.

9:00 to 10:00 a.m. — “Medical Management of Obesity: 2018 Update” —  
Aime Serna, M.D., MPH

- Identify evidence-based strategies to promote weight management and reduce chronic disease risks and complications.
- Explore alternative care strategies for medical weight management for appropriate patients presenting with Class III obesity (BMI less than 40).
- Describe the mechanism of action, safety and efficacy of new medical therapies for obesity.

10:00 to 10:15 a.m. — Break

10:15 to 11:15 a.m. — “Obesity and Respiratory Diseases” — Erasto Cortés, M.D.

- Identify the impact of obesity on the respiratory system.
- Identify signs, symptoms and treatment of sleep apnea and hypoventilation syndrome in the morbidly obese.
- Identify considerations in providing surgical clearance for obese patients with respiratory disease.

11:15 to 12:15 p.m. — “The Role of Obesity and Cardiovascular Disease” —  
Jose Ignacio Mendez, M.D.

- Review the epidemiology of obesity and its relationship to cardiovascular disease.
- Review and discuss mechanisms by which obesity is associated with cardiovascular diseases.
- Discuss the role of cardiovascular evaluation and the preoperative cardiac evaluation in the obese patient.
- Review the cardiovascular implications of treatment for obesity.

12:15 to 1:00 p.m. — Lunch

1:00 to 2:00 p.m. — “Managing the Patient with Obesity and Endocrine Disease” —  
Sergio Rovner, M.D.

- Assess the relationship between obesity and endocrine disorders.
- Describe the clinical evidence of endocrine disorders related to obesity.
- Identify current guidelines for obesity management related to endocrinology treatment.
- Explore the benefits of bariatric surgery in the diabetic patient.

2:00 to 3:00 p.m. — “The Impact of Obesity on Orthopaedic Conditions and  
Surgical Outcomes” — Andrew Palafox, M.D.

- Assess the relationship between obesity and orthopaedic conditions.
- Describe the clinical evidence of orthopaedic conditions related to obesity.
- Identify current guidelines for obesity management related to orthopaedic conditions.
- Discuss orthopaedic surgical outcomes impacted by obesity.

3:00 to 3:15 p.m. — Break

3:15 to 4:15 p.m. — “The Relationship between Obesity and Gastrointestinal  
Disease” — Luis Acosta, M.D.

- Assess the relationship between obesity and gastrointestinal diseases.
- Describe the clinical evidence of gastrointestinal disease related to obesity.
- Identify endoscopic options for treatment of obesity.
- Explore the benefits of weight loss and its impact on gastrointestinal disease.

4:15 to 5:15 p.m. — “Surgical Management for the Treatment of Obesity” —  
Jorge Acosta, M.D., FACS

- Identify qualification criteria for surgery.
- Discuss different surgical modalities available for patients.
- Describe risks and nutritional concerns for the bariatric patient.
- Explore medical and co-morbid improvements after surgery.

5:15 to 5:30 p.m. — Evaluation/Adjournment

### Registration and Symposium Location

Marriott El Paso Airport, 1600 Airway Boulevard, El Paso, Texas

Please complete the registration form, include payment and mail to  
Del Sol Medical Center, 10301 Gateway West Blvd., El Paso, Texas 79925

#### Call or fax the CME office:

Phone — 915.263.5221 Fax — 915.599.4186  
Email — Virginia.Mapp@hcahealthcare.com

CME Registration/Fee	Early Registration By November 13, 2018	Walk-in Registration After November 13, 2018
Physician/Advanced Practice Professionals	\$ 160.00	\$ 175.00
Registered Nurse/Allied Health Professionals	\$ 100.00	\$ 120.00
Residents	\$ 45.00	\$ 65.00
Students	\$ 35.00	\$ 55.00

#### Make checks payable to:

DEL SOL MEDICAL CENTER, Reference: **Obesity Symposium** on check.

Check # \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

Academic degree(s)/Discipline Physicians Registered Nurses  
Residents Nursing Students  
Medical Students Advanced Practice Professionals  
Allied Health Professionals

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Cellphone \_\_\_\_\_ Home Phone \_\_\_\_\_

Credit Card Information: Mastercard Visa Discover American Express

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Name (as it appears on card) \_\_\_\_\_

Street Address (of card owner) \_\_\_\_\_

Signature \_\_\_\_\_

